

## Special Issue

# Surgical and Anaesthesia Care: From Preparing to Recovering

### Message from the Guest Editors

Perioperative care includes every stage of a patient's journey from when they are identified for an operation to when they are discharged from the hospital. Each procedure carries its specific set of management issues and potential complications and has its own unique needs in preoperative preparation. In addition to the risks of surgery and anesthesia, each patient presents with their own characteristics, risk factors, and comorbidities. Morbidity and perioperative mortality related to surgery involve these multiple factors. Risk stratification tools can be used to better determine the risk of complications and mortality in the surgical context, allowing for the identification of patients requiring a different preoperative evaluation, and may help guide better postoperative care.

In this Special Issue, we welcome authors to submit papers on the perioperative care surgical patients. We are willing to cover preoperative care and the preparation of the patient for surgery and to discuss the recognition of the risk of complications associated with perioperative care and with different outcomes.

---

### Guest Editors

Dr. Fernando J. Abelha

1. Department of Surgery and Physiology, Faculty of Medicine, University of Porto, Porto, Portugal
2. Department of Anesthesiology, Surgery and Physiology, Centro Hospitalar de São João, Porto, Portugal

Dr. Joana Mourão

1. Department of Surgery and Physiology, Faculty of Medicine, University of Porto, Porto, Portugal
2. Department of Anesthesiology, Surgery and Physiology, Centro Hospitalar de São João, Porto, Portugal

---

### Deadline for manuscript submissions

closed (25 June 2023)



## Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/si/139924](https://mdpi.com/si/139924)

*Journal of Clinical Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
jcm@mdpi.com

[mdpi.com/journal/  
jcm](https://mdpi.com/journal/jcm)





# Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed

---



[mdpi.com/journal/  
jcm](http://mdpi.com/journal/jcm)



## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's (JCM)* staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

---

### Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67081  
Strasbourg, France

Prof. Dr. Kent Doi

Department of Emergency and Critical Care Medicine, The University of  
Tokyo, Tokyo, Japan

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1  
(General Medicine)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 18.5 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the second half of 2025).