

Special Issue

Rehabilitation and Management of Frailty, Sarcopenia and Malnutrition – 2nd Edition

Message from the Guest Editor

We are pleased to announce the 2nd Edition of this Special Issue, “Rehabilitation and Management of Frailty, Sarcopenia and Malnutrition” (https://www.mdpi.com/journal/jcm/special_issues/1A1400N08F). The prevalence of sarcopenia, frailty, and malnutrition is increasing with the growing number of older adults. Sarcopenia, frailty, and malnutrition are associated with functional impairment, physical disability, and handicap. They are often comorbid, and their synergistic effects could lead to worsening clinical outcomes. Rehabilitation and nutritional care have the potential to improve physical function, activities related to daily living, and the quality of life of these older adults. Further research is required on better assessment methods for malnutrition, sarcopenia, and frailty, as well as management methods, including appropriate rehabilitation and nutritional support. The aim of this Special Issue is to update the knowledge regarding the management and rehabilitation of frailty, sarcopenia and malnutrition. We invite the submission of clinical research, epidemiological research, and up-to-date reviews (scoping and systematic reviews).

Guest Editor

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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