

Special Issue

Advanced Strategy for Diagnosis and Treatment of Obstructive Sleep Apnea Syndrome (OSAS)

Message from the Guest Editor

With the success of our first Special Issue, entitled “Obstructive Sleep Apnea (OSA): What Can We Do Now?” (<https://www.mdpi.com/si/jcm/8A543T08PX>), we are launching a new Special Issue, entitled “Advanced Strategy for Diagnosis and Treatment of Obstructive Sleep Apnea Syndrome (OSAS)”, continuing to report on clinical research. Obstructive sleep apnea syndrome is a common sleep disorder characterized by the collapse of the pharynx during sleep, as well as recurrent episodes of upper airway obstruction during sleep, leading to intermittent hypoxia and sleep fragmentation. Partial arousals frequently occur throughout sleep, resulting in relative sleep deprivation and daytime fatigue. If left untreated, OSAS can have significant adverse effects on an individual's health and quality of life. Therefore, it has been increasingly recognized as a major health issue. For this Special Issue, we continue to welcome contributions on the topic of OSAS. We invite original research papers based on original data, as well as review articles. All manuscripts will be subjected to a standard peer review process, in line with the journal's procedures and policies.

Guest Editor

Dr. Pierluigi Carratù

Institute of Internal Medicine “A. Murri”, Department of Precision and Regenerative Medicine and Ionian Area, Università Degli studi di Bari Aldo Moro, Bari, Italy

Deadline for manuscript submissions

closed (20 March 2026)



Journal of Clinical Medicine

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Impact Factor 3.3
CiteScore 5.2
Indexed in PubMed



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Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

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About the Journal

Message from the Editorial Board

Journal of Clinical Medicine (ISSN 2077-0383) is an international, peer-reviewed, open access journal dedicated to advancing clinical and preclinical research. Our Editorial Board and staff are committed to delivering cutting-edge, timely, peer-reviewed articles spanning the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and impactful research articles, as well as reviews that are clinically significant and relevant to the full spectrum of medical disciplines. All full texts are archived in PubMed Central and indexed in SCIE (Web of Science), Scopus, PubMed, and other major databases. We invite you to submit your manuscript for publication, as well as join our community as a reviewer or reader online.

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