## Special Issue

# Clinical Insights into Vestibular Disorders

## Message from the Guest Editor

Vestibular rehabilitation (VR) has been in existence since the introduction of the exercise-based technique by Cawthorne and Cooksey in the 1940s. The main focus of VR includes gaze stabilization (via adaptation of vestibulo-ocular reflex), balance retraining, habituation. and substitution exercises. In the last few years. evolving research has led to more efficacious interventions and many advances in vestibular rehabilitation related to the treatment of vestibular hypofunction, benign paroxysmal positional vertigo, persistent postural-perceptual dizziness, vestibular migraine, multiple sclerosis, and concussion have been described. In this Special Issue on 'Clinical Insights into Vestibular Rehabilitation', we seek clinical and experimental studies examining the effects of VR programs on different patient populations with an emphasis on early prognosis, unilateral or bilateral vestibular hypofunction, and new VR strategies for the treatment of patients with balance problems.

## **Guest Editor**

Prof. Dr. Eduardo Martin Sanz

- 1. Department of Otolaryngology, University Hospital of Getafe, Carretera Toledo km 12,500, 28905 Madrid, Spain
- 2. Department of Medicine, School of Biomedical Sciences and Health, European University of Madrid, C. Tajo, s/n, 28670 Madrid, Spain

## Deadline for manuscript submissions

closed (15 May 2024)



# Journal of Clinical <u>Medi</u>cine

an Open Access Journal by MDPI

Impact Factor 2.9 CiteScore 5.2 Indexed in PubMed



## mdpi.com/si/135155

Journal of Clinical Medicine Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 icm@mdpi.com

mdpi.com/journal/

jcm





# Journal of Clinical Medicine

an Open Access Journal by MDPI

Impact Factor 2.9 CiteScore 5.2 Indexed in PubMed





## **About the Journal**

## Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine*'s (*JCM*) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

## **Editors-in-Chief**

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67000 Strasbourg, France

Prof. Dr. Kent Doi

Department of Emergency and Critical Care Medicine, University of Tokyo, Tokyo, Japan

## **Author Benefits**

### **High Visibility:**

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

## **Rapid Publication:**

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).