

Special Issue

Clinical Insights into Vestibular Disorders

Message from the Guest Editor

Vestibular rehabilitation (VR) has been in existence since the introduction of the exercise-based technique by Cawthorne and Cooksey in the 1940s. The main focus of VR includes gaze stabilization (via adaptation of vestibulo-ocular reflex), balance retraining, habituation, and substitution exercises. In the last few years, evolving research has led to more efficacious interventions and many advances in vestibular rehabilitation related to the treatment of vestibular hypofunction, benign paroxysmal positional vertigo, persistent postural-perceptual dizziness, vestibular migraine, multiple sclerosis, and concussion have been described. In this Special Issue on 'Clinical Insights into Vestibular Rehabilitation', we seek clinical and experimental studies examining the effects of VR programs on different patient populations with an emphasis on early prognosis, unilateral or bilateral vestibular hypofunction, and new VR strategies for the treatment of patients with balance problems.

Guest Editor

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