

Special Issue

Diabetes Mellitus and Emerging Health Challenges: A Multidisciplinary Perspective

Message from the Guest Editors

Diabetes mellitus remains a leading global health challenge, with rising prevalence among adults and children. Due to acute and chronic complications, it has profound implications for morbidity, mortality, and healthcare systems. Beyond glycemic control, diabetes is closely linked with cardiovascular disease, kidney dysfunction, neuropathy, retinopathy, infections, and impaired wound healing. The complexity of these complications underscores the need for a multidisciplinary approach to care, involving endocrinology, cardiology, nephrology, neurology, ophthalmology, and primary care. Diabetes can also affect cognitive functions and psychological well-being, thus requiring additional targeted support. This Special Issue aims to highlight advances in clinical management, prevention strategies, and integrated care models. Topics of interest include novel therapeutic approaches, biomarker-driven diagnostics, lifestyle interventions, comorbidity management, and health system responses to the diabetes epidemic. We welcome original research, clinical studies, and reviews that contribute to improving outcomes and fostering holistic, patient-centered diabetes care.

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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