

## Special Issue

# Targeted Diagnosis and Treatment of Maladaptive Developmental Trajectories and Psychopathological Manifestations in Children and Adolescents

### Message from the Guest Editors

In recent years, a rapid and heterogeneous shift has been observed in the conduct of children and adolescents, which serves as an expression of their underlying distress. Various clinical and social factors can contribute to the distress experienced by children and adolescents, leading to the development of these conditions. For instance, children and adolescents who are unable to form and maintain healthy emotional relationships, self-regulate their emotional states and responses, participate in and contribute to a group, and be emotionally aware, empathic, and respectful of others will be less resourceful in social situations, more emotionally vulnerable, and more likely to develop both internalizing and externalizing social-emotional difficulties and clinical disorders. This phenomenon has become a growing concern worldwide as the mental health needs of young individuals continue to escalate. Join us as we try to identify risk and protective factors but also implement effective evidence-based medical and clinical interventions, adopting an interdisciplinary perspective.

### Guest Editors

Dr. Monia Vagni

Dr. Andrea Baroncelli

Dr. Valeria Giostra

### Deadline for manuscript submissions

1 October 2025



## Journal of Clinical Medicine

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