

## Special Issue

# Clinical Cardiac Rehabilitation: Integrating Multidimensional Approaches for Enhanced Cardiovascular Health

### Message from the Guest Editor

Clinical Cardiac Rehabilitation Centers are increasingly recognized as optimal settings for the management of cardiovascular patients. They provide integrated clinical and instrumental assessments, supervised exercise training, and evidence-based strategies for both primary and secondary prevention through a multidisciplinary and multiparametric approach. This Special Issue aims to collect and disseminate original studies, clinical cases, and reviews that highlight the potential of the rehabilitation setting within the healthcare system, both for promoting health in the context of primary prevention and for implementing timely and effective secondary prevention interventions.

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### Guest Editor

Dr. Gaia Cattadori

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### Deadline for manuscript submissions

20 April 2026



## Journal of Clinical Medicine

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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