

Special Issue

Metabolic Syndrome and Its Burden on Global Health

Message from the Guest Editors

This syndrome significantly contributes to highly prevalent conditions such as obesity, with the accumulation of visceral and epicardial adipose tissue, type 2 diabetes mellitus, and metabolic dysfunction-associated steatotic liver disease (MASLD). Additionally, it notably increases the risk of cardiovascular disease (particularly diabetic cardiomyopathy, vascular and valvular calcifications, and heart failure) and chronic kidney disease, profoundly affecting morbidity and mortality.

Together, these conditions represent a significant clinical and economic burden, posing a pandemic-scale challenge for the coming decades, particularly concerning treatment and prevention.

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