

Special Issue

Current Challenges and Approaches to Post-Traumatic Stress Disorder (PTSD)

Message from the Guest Editor

Worldwide, the rate of PTSD has more than doubled within the last decade. Contributing factors may explain the rate increase for specific regions and populations, however, this matter warrants comprehensive explanation in the context of our neurobiological understanding of resilience, PTSD versus other mental disorders. Increased prevalence amplifies the treatment challenges for PTSD. For centuries, the only treatments with evidence were individualized trauma focused psychotherapies and limited pharmacotherapies. In 2023, the US FDA approved a biofeedback device for adjunctive treatment of PTSD, but there is limited implementation data is published. This issue welcomes manuscripts explaining the current challenges of PTSD globally or in specific regions. Additionally, the issue welcomes approaches to treat individuals suffering from PTSD. Methods to increase resilience to PTSD (primary prevention), and preventing the advancement of PTSD and complications from PTSD are also welcome (secondary and tertiary prevention).

Guest Editor

Dr. Aron Tendler

1. GrayMatters Health Ltd., Haifa 3303403, Israel
2. Department of Life Sciences, Ben Gurion University, Beer Sheba 84990, Israel

Deadline for manuscript submissions

20 September 2026



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/265987

Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

mdpi.com/journal/

jcm





Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



[mdpi.com/journal/
jcm](https://mdpi.com/journal/jcm)



About the Journal

Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

Editors-in-Chief

Prof. Dr. Emmanuel Andr s

Internal Medicine Department, University Hospital Strasbourg, 67081
Strasbourg, France

Prof. Dr. Kent Doi

Department of Emergency and Critical Care Medicine, The University of
Tokyo, Tokyo, Japan

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1
(General Medicine)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).