

Special Issue

Sleep Disorders: Latest Advances and Prospects

Message from the Guest Editor

The field of sleep medicine encompasses numerous intertwined disorders and syndromes related to psychiatry, neurology and internal medicine. Sleep disorders, as different and divergent as they seem, do have, however, some common ground. One of these is a relatively prevalent symptom of daily sleepiness. Another is the disruption of clock gene regulation or nocturnal hypoxemia, acting through a potent transcription factor—HIF-1 α —affecting various metabolic pathways and implicated in serious complications of metabolic syndrome. Moreover, disrupted sleep, independently of the underlying disorder and metabolic derangements, has been posited as a risk factor for cardiovascular diseases. The treatment of sleep disorders also illustrates the diversified nature thereof, from behavioral interventions and medications to CPAP devices; from causal to merely symptomatic ones; from success to frustrating failure. Furthermore, disrupted sleep is recognized in many chronic afflictions. I strongly encourage and invite all the researchers engaged in this interdisciplinary area to contribute to this Special Issue devoted to sleep disorders.

Guest Editor

Prof. Dr. Piotr Bialasiewicz

Department of Sleep Medicine and Metabolic Disorders, Medical University of Lodz, Mazowiecka St. 6/8, 92-251 Lodz, Poland

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Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

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