

## Topical Collection

# Sarcopenia: Skeletal Muscle Health and Ageing

### Message from the Collection Editor

Sarcopenia is a skeletal muscle disease identified by low muscle mass and characterised by weakness and impaired physical function. Muscle decline is progressive over the adult life course and may be accelerated in older age or aggravated by periods of disuse due to illness, injury, hospitalisation, sedentary living, malnutrition, and the presence of co-morbidities, eventually leading to sarcopenia. The socio-economic costs of sarcopenia will increase considerably as the global population of older adults rises at a greater rate than the other age groups. This highlights the pressing need to raise awareness of sarcopenia and the possible therapeutic strategies, and to understand the underlying disease processes. For this Special Edition of “Sarcopenia: Skeletal Muscle Health and Ageing”, we are inviting relevant original research, systematic reviews, and meta-analyses about this topic.

### Collection Editor

Prof. Jamie McPhee

Department of Sport and Exercise Sciences, Manchester Metropolitan University, Manchester M15 6BH, UK



## Journal of Clinical Medicine

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*Journal of Clinical Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

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