

## Special Issue

# The Risk Factors of Cardiovascular Diseases

### Message from the Guest Editor

Cardiovascular diseases are among the biggest health burdens on societies worldwide. High mortality and morbidity affect both life expectancy and life quality, simultaneously causing adverse economic effects by increasing healthcare costs and reducing productivity. The spiking prevalence of risk factors is associated with a climbing incidence of diseases. To counteract this ominous trend, it is crucial to discover, understand, and effectively treat risk factors of cardiovascular disease. Research should be conducted on multiple levels—from the molecular bases of how risk factors affect the development and progression of the diseases to public health and economic aspects. The recent COVID-19 outbreak has shown that risk factors of cardiovascular diseases are not only relevant for cardiologists. Comorbidities such as obesity and hypertension belong to the most important factors affecting mortality after SARS-CoV2 infection. By limiting the risk factors and hence prevention of cardiovascular diseases we can increase life expectancy, improve life quality, and limit healthcare costs.

### Guest Editor

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