

## Special Issue

# Clinical Management of Elbow and Shoulder Surgery

### Message from the Guest Editors

The treatment and management of Shoulder and Elbow pathology involves deep knowledge of the intricate interplay between anatomy, biomechanics and biology. Topics such as fracture care, ligaments and tendon repair, and the management of osteoarthritis are just the tip of the iceberg. Traditionally, the management of these injuries involves activity modification, physical therapy, a variety of surgical procedures, and pharmacological agents, including non-steroidal anti-inflammatory drugs, corticosteroids viscosupplementation, narcotics and biologics. In the last decade, there significant advances have been made in the treatment and management of routine Shoulder and Elbow pathologies; these have returned function to patients and alleviated chronic pain. We welcome both basic and translational original research and review articles covering, but not limited to, the treatment and management of the following: fractures of the shoulder and elbow; rotator cuff pathology; shoulder osteoarthritis; elbow osteoarthritis; ligament and tendon pathology of the shoulder and elbow; advances in regenerative medicine.

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### Guest Editors

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### Deadline for manuscript submissions

closed (25 April 2025)



## Journal of Clinical Medicine

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## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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### Editors-in-Chief

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