

Special Issue

Prevention and Management of Sexual Dysfunction

Message from the Guest Editors

In analyzing the issue of sexual dysfunctions, it is important to pay attention to the fact that sexual health of both women and men is part of reproductive health. According to the WHO, sexual health represents the integration of biological, emotional, intellectual, and social aspects of sexuality important for positive personality development, communication, and love. The concept of reproductive health is closely related to sexual health. It is defined as complete well-being in physical, mental, and social aspects, not merely the absence of diseases and impairments in the reproductive system and its functions throughout all stages of an individual's life. In the context of all sexual dysfunctions, it is important in sexological care that early response, openness to help, and readiness to work on oneself are key steps towards improving fertility as well as the quality of life and sexual health. Prevention plays a significant role here - factors such as overweight, obesity, diabetes, cardiovascular diseases, metabolic syndrome, chronic kidney disease, and cancer can negatively impact sexual health and fertility. Some of these conditions may arise from a poor lifestyle.

Guest Editors

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