Special Issue

Clinical Challenges in High-Risk Pregnancy and Delivery

Message from the Guest Editor

High-risk pregnancies present numerous clinical challenges that require careful management and monitoring. Key factors leading to high-risk pregnancies include maternal age, pre-existing medical conditions (such as hypertension or diabetes), multiple destation. and pathological conditions included within the great obstetrical syndromes (preterm labor, preterm PROM, fetal demise, placental abruption, pre-eclampsia, IUGR). Early identification and adequate monitoring are critical for managing these risk factors and syndromes. In such cases, obstetricians must balance the health of both the mother and the fetus, often involving a multidisciplinary team. These pregnancies generate several issues regarding labor and delivery due to the fact that the placenta, in these fetuses, may be affected by different levels of malfunction. Timely interventions, such as administering corticosteroids to accelerate fetal lung maturity or controlling maternal blood pressure, can improve maternal outcomes, but only if diagnosis occurs as early as possible. High-risk pregnancies also require post-delivery care, as complications, such as hemorrhage or infection, are more likely.

Guest Editor

Dr. Salvatore Andrea Mastrolia

Department of Obstetrics and Gynecology, Ospedale Madonna delle Grazie, Matera, Italy

Deadline for manuscript submissions

closed (30 October 2025)



Journal of Clinical <u>Medici</u>ne

an Open Access Journal by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/230940

Journal of Clinical Medicine Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 icm@mdpi.com

mdpi.com/journal/

jcm





Journal of Clinical Medicine

an Open Access Journal by MDPI

Impact Factor 2.9 CiteScore 5.2 Indexed in PubMed





About the Journal

Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine*'s (*JCM*) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

Editors-in-Chief

Prof. Dr. Emmanuel Andrès

Internal Medicine Department, University Hospital Strasbourg, 67000 Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).