

## Special Issue

# Clinical Management of Type 1 Diabetes

### Message from the Guest Editor

Currently, type 1 diabetes is a chronic disease with no curative treatment. The use of technological devices, such as continuous glucose monitoring systems, smart insulin pens, and hybrid closed-loop systems, has improved both the quality of life and metabolic control in people with diabetes. However, many questions remain: Are there differences between systems? Are they equally effective in certain subpopulations (pregnant women, elderly individuals, or those with advanced kidney disease)? Should we modify the traditional glycemic control targets? Despite these advancements, challenges persist in managing aspects such as physical activity. Additionally, the prevalence of severe and/or unrecognized hypoglycemia remains significant. Finally, the recent emergence of drugs that can modify the course of the disease has sparked debate regarding the need to diagnose the disease in preclinical stages and how these cases should be managed. We invite the submission of original research articles, narrative and/or systematic reviews, and meta-analyses focused on the clinical management of type 1 diabetes.

### Guest Editor

Dr. Carmen Quirós

Department of Endocrinology and Nutrition, Hospital Universitari MútuaTerrassa, Plaça del Doctor Robert, 5, 08221 Terrassa, Spain

### Deadline for manuscript submissions

25 November 2025



## Journal of Clinical Medicine

an Open Access Journal  
by MDPI

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/si/216701](https://mdpi.com/si/216701)

*Journal of Clinical Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

[jcm](https://jcm)





# Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/journal/  
jcm](https://mdpi.com/journal/jcm)



## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

---

### Editors-in-Chief

Prof. Dr. Emmanuel Andr  s

Internal Medicine Department, University Hospital Strasbourg, 67000  
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).