

Special Issue

Clinical Management of Type 1 Diabetes

Message from the Guest Editor

Currently, type 1 diabetes is a chronic disease with no curative treatment. The use of technological devices, such as continuous glucose monitoring systems, smart insulin pens, and hybrid closed-loop systems, has improved both the quality of life and metabolic control in people with diabetes. However, many questions remain: Are there differences between systems? Are they equally effective in certain subpopulations (pregnant women, elderly individuals, or those with advanced kidney disease)? Should we modify the traditional glycemic control targets? Despite these advancements, challenges persist in managing aspects such as physical activity. Additionally, the prevalence of severe and/or unrecognized hypoglycemia remains significant. Finally, the recent emergence of drugs that can modify the course of the disease has sparked debate regarding the need to diagnose the disease in preclinical stages and how these cases should be managed. We invite the submission of original research articles, narrative and/or systematic reviews, and meta-analyses focused on the clinical management of type 1 diabetes.

Guest Editor

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