

Special Issue

Pediatric Sleep-Disordered Breathing and Long-Term Complications: Clinical and Health Implications

Message from the Guest Editor

Sleep-disordered breathing is characterized by snoring and respiratory effort secondary to an increased resistance of the upper airways, with alteration of normal breathing, an intermittent reduction in oxygenation, and the disorganization of the sleep architecture. Sleep-disordered breathing are frequent in children with a peak in incidence during preschool and school age. Complications are borne by various organs and systems due to systemic inflammation. In particular, they affect the cardiovascular system, metabolism, body growth, and the neurocognitive-behavioral aspect. Complications are strongly associated with morbidity and mortality. It is therefore necessary to intervene actively and early to treat sleep-disordered breathing. Breathing disorders in pediatric sleep, if not adequately treated, can have important negative health implications that are prolonged and worsen in adulthood. This Special Issue aims to address the implications for pediatric and adult health, in all its aspects, with an eye to transitional medicine.

Welcome to contribute!

Guest Editor

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