

Special Issue

Psychotherapy and Clinical Psychology during COVID-19

Message from the Guest Editor

Over the past two years, we have all been dealing with the spread of the COVID-19 pandemic and have observed the disruptive impact that the pandemic and related containment measures have had on people's psychological health. The COVID-19 pandemic has also profoundly changed the work of clinical psychologists. All these changes call for a better understanding of the effects of the pandemic on mental health and the associated risk and protective factors in different populations, including those with pre-existing vulnerabilities and/or those most exposed to the pandemic's implications (such as, but not limited to: adolescents and young adults, healthcare workers, individuals who lost a family member due to COVID-19, patients with a chronic disease). In this Special Issue, both observational and interventional studies, as well as review papers (systematic review and meta-analysis), on the implications of the pandemic and related restrictions on psychological well-being, associated risk and protective factors, and changes in clinical practice and psychotherapy delivery are welcome.

Guest Editor

Dr. Sara Carletto

1. Department of Clinical and Biological Sciences, University of Torino, Torino, Italy
2. Clinical Psychology Unit, University Hospital "Città della Salute e della Scienza di Torino", Torino, Italy

Deadline for manuscript submissions

closed (20 October 2023)



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/122341

Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

mdpi.com/journal/

jcm





Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



[mdpi.com/journal/
jcm](https://mdpi.com/journal/jcm)



About the Journal

Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

Editors-in-Chief

Prof. Dr. Emmanuel Andr  s

Internal Medicine Department, University Hospital Strasbourg, 67000
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).