

## Special Issue

# Prevention of Cardiovascular Diseases

### Message from the Guest Editor

Cardiovascular disease (CVD) is the leading cause of death worldwide. Prevention is an important strategy to reduce death and suffering caused by CVD. The recent 2021 ESC Guidelines on CVD prevention encourage management strategies at both an individual level and a population level, focusing mostly—although not exclusively—on risk factors, risk classification, and the prevention of clinical events. These guidelines include recommendations on disease prevention aimed at primary care and hospital care, as well as a personalized treatment approach that provides individual lifetime risk factors. An important feature of the 2021 ESC guidelines is the attention to disease prevention in older adults, including individuals of 70 years and older. These guidelines highlight the importance of assessing high-risk individuals by evaluating lifetime risk and gradually increasing treatment or lifestyle changes that reduce the risk of CVD.

In this Special Issue, we encourage authors to submit papers on strategies for primary and secondary prevention of CVD.

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### Guest Editor

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### Deadline for manuscript submissions

closed (15 February 2023)



## Journal of Clinical Medicine

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### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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