

## Special Issue

# Update on Parasomnias and Disruptive Sleep-Related Disorders

### Message from the Guest Editors

Parasomnias are sleep disorders that involve abnormal behavior, movements, emotions, perceptions, and dreams, which occur during specific sleep stages or sleep–wake transitions. The International Classification of Sleep Disorders (ICSD-III, 3rd ed) categorized parasomnias into three clusters: non-rapid eye movement (NREM) related, rapid-eye movement (REM) related, and others. RBD is widely studied, while studies on NREM parasomnias are still limited. Recent research introducing the concept of local sleep regulation has opened new perspectives in interpreting the substrates of DOAs. Furthermore, the study of NREM and REM parasomnia events may offer unique and valuable insights into mental activity and cognition during sleep. The submission of original research articles advancing our understanding of REM or NREM parasomnias and other parasomnia-like events is encouraged for this Special Issue. Additionally, reviews proposing new perspectives on the available literature on disruptive sleep disorders and related brain mechanisms, treatments, and implications for mental health are welcome.

### Guest Editors

Dr. Serena Scarpelli

Dr. Maurizio Gorgoni

Dr. Valentina Alfonsi

### Deadline for manuscript submissions

closed (25 March 2023)



## Journal of Clinical Medicine

an Open Access Journal  
by MDPI

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/si/98651](https://mdpi.com/si/98651)

*Journal of Clinical Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

[jcm](https://jcm)





# Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/journal/  
jcm](https://mdpi.com/journal/jcm)



## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

---

### Editors-in-Chief

Prof. Dr. Emmanuel Andr s

Internal Medicine Department, University Hospital Strasbourg, 67000  
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).