

# Special Issue

## Lifestyle and Chronic Pain

### Message from the Guest Editors

Chronic pain has a tremendous personal and socioeconomic impact and remains a challenge for many clinicians. Cumulating evidence shows that lifestyle factors such as physical (in)activity, stress, poor sleep, unhealthy diet, and smoking are associated with chronic pain severity and sustainment across all age categories. A paradigm shift from a tissue- and disease-based approach towards individually tailored multimodal lifestyle interventions should lead to improved outcomes and decrease the psychological and socioeconomic burden of chronic pain. For all these reasons, this Special Issue of the Journal of Clinical Medicine is dedicated to Lifestyle and Chronic Pain. The Special Issue will include five invited state-of-the-art papers, each addressing a key lifestyle factor of importance for patients with persistent pain. These state-of-the-art papers are written by leading experts and key opinion leaders in the field, and will boost the impact and exposure of all papers included in the Special Issue.

### Guest Editors

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### Deadline for manuscript submissions

closed (31 January 2022)



## Journal of Clinical Medicine

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### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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