

Special Issue

Rehabilitation and Conservative Approaches of Orthopaedic and Sports Medicine Injuries

Message from the Guest Editors

This Special Issue focuses on the conservative treatment and rehabilitation of injuries and diseases of the musculoskeletal system, with a focus on sports medicine. Treatment strategies have undergone great changes in recent years and are constantly evolving in the attempt to accelerate functional recovery and improve tissue healing after injury. The most innovative accelerated rehabilitation protocols, the latest minimally invasive interventional techniques, the fascinating field of regenerative medicine, and various advanced devices are modernising orthopaedic and sports rehabilitation, both for able bodies and for people with disability. This Special Issue promotes new research approaches to rehabilitation treatment of musculoskeletal injuries in order to achieve appropriate healthcare interventions. From this point of view, we intend to collect original articles and reviews on these topics.

Please click [here](#) to find more information.

Guest Editors

Dr. Cristiano Sconza

IRCCS Humanitas Research Hospital, 20089 Rozzano, MI, Italy

Dr. Berardo di Matteo

1. IRCCS Humanitas Research Hospital, Rozzano, 20089 Milan, Italy
2. Department of Biomedical Sciences, Humanitas University, 20072 Milan, Italy

Deadline for manuscript submissions

closed (30 June 2025)



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/221251

Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

mdpi.com/journal/

jcm





Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



[mdpi.com/journal/
jcm](https://mdpi.com/journal/jcm)



About the Journal

Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

Editors-in-Chief

Prof. Dr. Emmanuel Andr  s

Internal Medicine Department, University Hospital Strasbourg, 67000
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).