

Special Issue

Orthopaedic Diseases and Rehabilitation

Message from the Guest Editors

Scientific evidence has shown the crucial role of rehabilitation in orthopaedic diseases. Such diseases include disorders of joints, muscles, tendons and ligaments. In particular, recent progress in surgical techniques has also implied an increasing demand for more personalized, efficient and effective postoperative rehabilitation. Much of the disabilities derived from orthopaedic diseases cause important functional limitations in everyday life conditions. In this scenario, prevention and optimal postoperative treatments are needed. Which rehabilitation protocol is the best for orthopaedic diseases is still widely discussed. This Special Issue discusses current rehabilitation procedures in orthopaedic diseases, highlighting the strengths and weaknesses and providing new intervention strategies.

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