

Special Issue

Current Perspectives on the Treatment of Obstructive Sleep Apnea - Part I

Message from the Guest Editor

Obstructive sleep apnea (OSA) is a common disorder with strong associations with cardiovascular, cerebrovascular, metabolic, and cognitive consequences. Continuous Positive Airway Pressure (CPAP) treatment is the first-line therapy for adults with OSA who are symptomatic. However, many individuals with comorbidities do not report symptoms associated with OSA, and adherence to CPAP is poor, especially in individuals with the nonsleepy OSA phenotype. This Special Issue aims to update the current perspectives on the treatment of OSA in order to highlight multidisciplinary approaches, personalized treatment strategies, and identification of the predictors of response to treatment, both in the general population and in clinical cohorts. We particularly encourage the submission of papers that focus on drowsy driving and cost-benefit aspects of OSA treatment. For more information, please visit the Special Issue website at https://www.mdpi.com/journal/jcm/special-issues/Obstructive_Apnea

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