

## Special Issue

# Treatment of Obstructive Sleep Apnea: State-of-the-Art and Future Directions

### Message from the Guest Editors

Obstructive sleep apnea (OSA) is recurrent upper airway obstruction caused by a loss of upper airway muscle tone during sleep, which leads to intermittent hypoxia and sleep fragmentation. We invite investigators to contribute original research articles (including animal and human studies; clinical studies will be given priority), as well as review articles, that will stimulate continuing efforts to develop better therapies for OSA. Potential topics may include, but are not limited to, the following:

- Novel aspects of CPAP treatment and interventions to improve CPAP adherence;
- Oral appliances in OSA: state-of-the-art;
- Hypoglossal nerve stimulation: novel approaches;
- Emerging pharmacotherapy of OSA;
- Pre-clinical studies of novel therapeutics in OSA;
- Treatment of OSA in children.

### Guest Editors

Prof. Dr. Vsevolod Y. Polotsky

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### Deadline for manuscript submissions

closed (31 December 2019)



## Journal of Clinical Medicine

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## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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### Editors-in-Chief

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).