

Special Issue

The Treatment of BPO with Minimal Invasive Approach

Message from the Guest Editor

Benign prostatic obstruction (BPO) is one of the most common causes of lower urinary tract symptoms (LUTSs) in middle-aged and older men. The treatment of BPO has dramatically changed in the last four decades. From a prostate-size-driven decision with only transurethral prostate resection (TURP) and open adenectomy as possible surgical options in the treatment of BPO, we moved to a multifactorial driven decision with several surgical options. Over the last two decades, a wide array of different surgical techniques have become available and some of these are producing robust evidence, including the use of holmium laser enucleation of prostate (HoLEP) for larger prostates. There are also a group of minimally invasive surgical treatment (MIST) options for BPO, which are often associated with faster post-operative recovery, day surgery suitability and lower risk of sexual dysfunction. The present Special Issue focuses on different novel minimal invasive approaches in the treatment of BPO. Prof Lukas Lusuardi Please click [here](#) to find more information

Guest Editor

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