

Special Issue

Multimorbidity Development and Evolution: Clinical Implications

Message from the Guest Editors

Research on multimorbidity is regaining ground more than two decades after its origin. The growing number of individuals suffering from multiple chronic conditions undeniably challenges clinicians and healthcare systems. The complex and heterogeneous nature of multimorbid patients is at the core of an endless number of clinical phenotypes, hampering any attempt to reliably predict negative health-related events.

Lately, the adoption of new operationalization models, the implementation of powerful statistical approaches, and the availability of longitudinal, comprehensive population-based data, have paved the way for a new generation of promising studies. The recognition of the clinical value of multimorbidity patterns and the biological relevance of measuring the speed of disease accumulation over time reflect recent trends to uncover the biological basis of multimorbidity, and to translate these findings into better prevention, treatment and prognosis of patients with multimorbidity. Considering your expertise in the field, we would like to kindly invite you to contribute with an original paper or a literature review to the Special Issue of the JCM.

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