

Special Issue

Emerging Clinical Insights into Adolescent Behavioral Development and Mental Health

Message from the Guest Editors

As we well know, adolescence is one of the most critical periods during the lifespan, characterized by a number of challenges. During this period, youths are exposed to many developmental demands and changes in many domains of functioning, such as biological, cognitive, emotional, and relational. How adolescents face these demands sets the basis for different successful or unsuccessful developmental trajectories, and understanding the mechanisms, processes, and antecedents of those pathways is crucial for promoting youths' and adults' mental health, as well as for preventing psychopathology. Nowadays, there are many more challenges in this field for researchers and clinicians due to the substantial transformation of youths' daily contexts, which implies further demands for their development. Thus, the general aim of this Special Issue is to provide further examinations of the complex world in which adolescents live nowadays, with a particular lens on the mechanisms that can predict or influence their behavioral development and mental adjustment, especially in clinical contexts.

Guest Editors

Dr. Ainzara Favini

Department of Human Sciences, Guglielmo Marconi University, 00193 Rome, Italy

Dr. Anne-Marie Iselin

Psychology Department, Elon University, Elon, NC, USA

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Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

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