

## Special Issue

# Emerging Clinical Insights into Adolescent Behavioral Development and Mental Health

### Message from the Guest Editors

As we well know, adolescence is one of the most critical periods during the lifespan, characterized by a number of challenges. During this period, youths are exposed to many developmental demands and changes in many domains of functioning, such as biological, cognitive, emotional, and relational. How adolescents face these demands sets the basis for different successful or unsuccessful developmental trajectories, and understanding the mechanisms, processes, and antecedents of those pathways is crucial for promoting youths' and adults' mental health, as well as for preventing psychopathology. Nowadays, there are many more challenges in this field for researchers and clinicians due to the substantial transformation of youths' daily contexts, which implies further demands for their development. Thus, the general aim of this Special Issue is to provide further examinations of the complex world in which adolescents live nowadays, with a particular lens on the mechanisms that can predict or influence their behavioral development and mental adjustment, especially in clinical contexts.

### Guest Editors

Dr. Ainzara Favini

Department of Human Sciences, Guglielmo Marconi University, 00193 Rome, Italy

Dr. Anne-Marie Iselin

Psychology Department, Elon University, Elon, NC, USA

### Deadline for manuscript submissions

31 December 2025



## Journal of Clinical Medicine

an Open Access Journal  
by MDPI

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/si/238323](https://mdpi.com/si/238323)

*Journal of Clinical Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

[jcm](https://jcm)





# Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/journal/  
jcm](https://mdpi.com/journal/jcm)



## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

---

### Editors-in-Chief

Prof. Dr. Emmanuel Andr  s

Internal Medicine Department, University Hospital Strasbourg, 67000  
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1  
(General Medicine)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).