

## Special Issue

# Inflammatory Bowel Disease: Clinical Pathogenesis and Management Strategies

### Message from the Guest Editor

Inflammatory bowel diseases (IBDs), comprising Crohn's disease and ulcerative colitis, are chronic, relapsing conditions of the gastrointestinal tract with rising global incidence. The primary aim of current research and clinical care is to elucidate the complex pathogenesis of IBDs and to optimize individualized, long-term management strategies. IBD pathogenesis involves a multifactorial interplay of genetic susceptibility, environmental factors, epithelial barrier dysfunction, and dysregulated mucosal immune responses. Despite therapeutic advances, key challenges remain: identifying predictive biomarkers, preventing disease progression, and calibrating surgical interventions. This Special Issue of the *Journal of Clinical Medicine*, entitled "Inflammatory Bowel Disease: Clinical Pathogenesis and Management Strategies", is devoted to articles that focus on the optimization of IBD care, particularly considering treat-to-target strategies, individualized surgical risk stratification, and tailored surgical as well as medical techniques. Importantly, articles that address unmet challenges and opportunities to improve outcomes are welcome.

### Guest Editor

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### Deadline for manuscript submissions

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## Journal of Clinical Medicine

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### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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