Special Issue

Diagnosis and Treatment of Cardiovascular Diseases in the Elderly

Message from the Guest Editor

Cardiovascular diseases (CVDs) remain the leading cause of morbidity and mortality in the elderly population worldwide. Ageing is associated with progressive structural and functional changes in the cardiovascular system, as well as with the accumulation of comorbidities and polypharmacy, which complicate both diagnosis and treatment. This Special Issue aims to provide a comprehensive overview of the latest advances, challenges, and strategies in the diagnosis. management, and prevention of CVDs in older adults. Key topics will include age-related cardiovascular pathophysiology, the role of frailty and cognitive impairment in clinical decision-making, non-invasive and invasive diagnostic tools adapted for elderly patients, and tailored therapeutic approaches including pharmacological, interventional, and lifestyle interventions. We welcome original research articles, reviews, and clinical perspectives that highlight innovative models of care, multidisciplinary approaches, and real-world data addressing the unique needs of the ageing population.

Guest Editor

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