

## Special Issue

# Treatments of Gestational Diabetes Mellitus—How Can We Achieve Glycemic Targets?

### Message from the Guest Editor

Gestational diabetes mellitus (GDM) is one of the common complications of pregnancy. One of the key studies on gestational diabetes revealed that there was no risk threshold in the association of fetal macrosomia and glycemia. The basic element of treatment of GDM is lifestyle behavior change: nutrition therapy and physical activity during pregnancy.

The aim of the Special Issue is to provide an overview of the key glycemic targets for the treatment of GDM in self-monitoring with the use of a glucometer: both fasting and after a meal and time in range (TIR) when using continuous glucose monitoring (CGM). The prevention of gestational diabetes is also a key issue, especially with the use of modern technology like CGM and telemedicine. Another important aspect associated with gestational diabetes is post-partum follow up and long-term observation after GDM, especially in light of the evidence associated with an increased risk of type 2 diabetes and cardiovascular disease after GDM.

Therefore, researchers in the field of treatment of gestational diabetes are encouraged to submit their findings as original articles or reviews to this Special Issue.

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### Guest Editor

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### Deadline for manuscript submissions

closed (20 August 2024)



## Journal of Clinical Medicine

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Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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