Special Issue

Advances in Musculoskeletal Rehabilitation and Functional Movement

Message from the Guest Editor

The current Special Issue focuses on contemporary advances in exercise training, musculoskeletal rehabilitation, and functional movement science. Key areas include biomechanical mechanisms underlying human movement, evidence-based approaches to corrective and functional training, and the application of electromyography to explore muscle activation strategies during exercise. We welcome studies that elucidate the interaction between neuromuscular function and movement quality, propose innovative strategies to address movement impairment, or demonstrate the clinical and performance benefits of targeted rehabilitation interventions. Research integrating biomechanical assessment, functional training methods, and patient-centered rehabilitation outcomes will be central to this Topic. We look forward to receiving contributions that deepen our understanding of musculoskeletal function and support the development of effective training and rehabilitation practices.

Guest Editor

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