

Special Issue

Physical Therapy in Neurorehabilitation

Message from the Guest Editors

Neurological disorders, regardless of the underlying pathology, present a wide range of symptoms, many of which cause functional impairment in patients. Moreover, there is no cure in many of these disorders, pharmacological treatments are not sufficient in alleviating symptoms, and quality of life is thus affected. Pain is one of the most common symptoms and, at the same time, the most difficult to reduce. Instability, muscle weakness, numbness, and loss of coordination, all of which occur in neurological patients, are not responsive to drug treatment and the patients are left helpless. On those grounds, extensive attempts have been made in nonpharmacological interventions (NPIs), ranging from herbals and dietary supplements to specific physiotherapeutic interventions. The body of literature is growing slowly but steadily. NPIs are generally well tolerated and safe, and furthermore, they do not interact with pharmacological agents. Thus, NPIs offer an alternative to the management of symptoms. In this Special Issue, we welcome authors to submit papers on the advances of the use of physical therapy in patients suffering from neurological disorders.

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