

## Special Issue

# Navigating Pregnancy and Its Complications: Challenges and Innovations in Maternal–Fetal Medicine

### Message from the Guest Editor

Pregnancy, a remarkable physiological state, is not without its challenges. Among the most pressing challenges in maternal–fetal medicine is the rising incidence of pregnancy-related complications such as gestational diabetes mellitus, preeclampsia, preterm labor, and others. These conditions not only pose immediate risks but can also have short- and long-term implications for both mothers and their children. Despite advancements in prenatal care, significant disparities remain in health outcomes based on socioeconomic status, access to care, and education. This Special Issue will serve as a platform for multidisciplinary perspectives, bridging the gap between the latest research and clinical practices which address these pressing challenges. Within this scope, the primary objectives of this Special Issue include the following:

- Innovations in Screening and Early Detection;
- Management of High-Risk Pregnancies;
- Telemedicine in Pregnancy;
- Innovative Therapies and Interventions;
- Mental Health of Pregnant Women.

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### Guest Editor

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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