

Special Issue

Clinical Updates and Future Perspectives on the Management of Myocardial Infarction in Elderly Patients

Message from the Guest Editor

Myocardial infarction (MI) in elderly patients is associated with an unfavorable prognosis, and it is becoming an increasingly prevalent condition. The prognosis of elderly patients is equally impaired in ST-segment elevation (STE) or non-STE (NSTEMI), with the latter being the most frequent clinical presentation in this population. In addition, the outcome is markedly worsened by the common presence of multivessel disease (MVD) and of a high bleeding risk (HBR). Elderly patients have been mostly excluded from randomized clinical trials and the evidence regarding their treatment is limited. In particular, there are three main gaps in knowledge:

- the strategy to pursue in NSTEMI patients: routine invasive vs conservative.
- whether, as for younger patients, a complete revascularization strategy in MI patients with MVD should be advocated.
- how to properly balance the concomitant ischemic and bleeding risk in this population with particular regard to dual antiplatelet therapy (DAPT) duration and intensity. Artificial intelligence could be particularly intriguing in the estimation of the two competing risks.

Guest Editor

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