

Special Issue

Sports Injury Treatment: Innovations in Pain Management, Recovery, and Performance Optimization

Message from the Guest Editors

The effective treatment of sports injuries involves a delicate balance of pain management, recovery optimization, and performance enhancement. Advances in these areas are crucial to ensuring athletes return to their peak physical condition and maintain long-term functionality. By integrating modern techniques with traditional approaches, sports medicine has evolved to offer more personalized, data-driven solutions for injury treatment and prevention. In this Special Issue, we highlight the latest advances in sports injury treatment, particularly innovative strategies for pain management, recovery science, and performance optimization. We invite contributions that explore cutting-edge techniques such as advanced rehabilitation protocols, novel pain relief modalities, performance-enhancing recovery strategies, and methods for accelerating the healing process. Studies on advanced technologies (e.g., wearables, AI-driven recovery tools) and data-driven approaches to injury prevention and treatment are highly encouraged.

For more information, pls click [here](#).

Guest Editors

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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