

Special Issue

Esophageal and Upper Gastrointestinal Surgery: Clinical Advances and Practical Updates

Message from the Guest Editors

Esophageal and upper gastrointestinal surgery has undergone significant transformation over the past few years, driven by advances in surgical techniques, perioperative care, imaging, and multidisciplinary management. Innovations in minimally invasive and robotic approaches, enhanced recovery protocols, and refined oncological strategies have contributed to improving patient outcomes and have expanded therapeutic possibilities for both benign and malignant diseases. At the same time, evolving evidence continues to reshape clinical decision-making in areas such as esophageal cancer treatment, foregut benign disorders, bariatric and metabolic surgery, and the management of complex postoperative complications. This Special Issue aims to provide a comprehensive and up-to-date overview of current clinical advances and practical updates in esophageal and upper gastrointestinal surgery. We invite original research articles, review articles, systematic reviews, and expert perspectives that address contemporary challenges, novel surgical strategies, and future directions in this dynamic field.

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Deadline for manuscript submissions

15 September 2026



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 3.3
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/267982

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