

## Special Issue

# Clinical Management and Challenges in Metabolic Syndrome

### Message from the Guest Editor

First, as far as the obese population is concerned, it should be clarified at which level should we start the investigations aimed at identifying the presence of primary or secondary metabolic/endocrine changes. This is very important in order to balance the high costs and the inconvenience to patients undergoing these investigations with the need to promptly detect the level of obesity triggering the development of MetS. Recently a consensus has been reached on new criteria for the definition of high blood pressure. Should the old criteria should be replaced when defining MetS? Furthermore, what is the role of non-traditional cardiovascular risk factors in the definition of MetS? Another point is whether adolescents with MetS, resistant to the classical changes in lifestyle, should be offered bariatric surgery similar to adults, since long-term follow-ups are lacking. Finally, should the approach to patients with genetic obesity be similar to that employed with the “normal” obese populations, or should we survey them more intensively?

### Guest Editor

Dr. Giorgio Radetti

Marienkllinik, via Claudia de' medici, 2 39100 Bolzano Italy

### Deadline for manuscript submissions

closed (10 October 2022)



## Journal of Clinical Medicine

an Open Access Journal  
by MDPI

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/si/105586](https://mdpi.com/si/105586)

*Journal of Clinical Medicine*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

[mdpi.com/journal/](https://mdpi.com/journal/)

[jcm](https://jcm)





# Journal of Clinical Medicine

---

an Open Access Journal  
by MDPI

---

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



[mdpi.com/journal/  
jcm](https://mdpi.com/journal/jcm)



## About the Journal

### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

---

### Editors-in-Chief

Prof. Dr. Emmanuel Andr  s

Internal Medicine Department, University Hospital Strasbourg, 67000  
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

#### Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1 (General Medicine)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).