

## Special Issue

# State of the Art in Management of Idiopathic Scoliosis

### Message from the Guest Editor

Despite advances in the diagnosis and treatment of idiopathic scoliosis, there are still notable gaps in knowledge. These gaps primarily concern etiology, conservative management, indications for surgery, and long-term outcomes. The etiology of idiopathic scoliosis is still unclear, but advances in genetics and epigenetics have shed light on the condition. The risk factors for curve progression during growth have been fairly well established. Conservative treatment is preferred for non-severe curves in adolescents. Information is now available on the efficacy of specific physiotherapy exercises and treatment with braces. Surgery is reserved for progressive curves in which conservative treatment has failed. Finally, there is a growing interest in the clinical situation of patients operated on as adolescents when they reach adulthood. The purpose of this Special Issue is to provide a comprehensive overview of advances in the diagnosis, treatment, and management of idiopathic scoliosis. Therefore, researchers in the field of idiopathic scoliosis are encouraged to submit their findings as original articles or reviews.

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### Guest Editor

Dr. Juan Bago

Spine Research Unit, Vall d'Hebron Institute of Research, Barcelona, Spain

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### Deadline for manuscript submissions

closed (10 March 2024)



## Journal of Clinical Medicine

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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