Special Issue

Advances in Gastrointestinal and Liver Disease: From Physiological Mechanisms to Clinical Practice

Message from the Guest Editors

Treatment of GI and hepatic diseases is constantly evolving. Increased understanding of pathogenic mechanisms has brought concrete fruits for daily treatment. Understanding the mechanisms of HCV virus infection has allowed the development of Direct-Acting Antivirals. The in H. pylori infection rates, the widespread use of proton pump inhibitors, and the relative ease of gastroscopies have reduced the incidence of peptic disease and gastric cancer. In many areas of the world, however, H. pylori infection is still widespread and there is still room for improvement in eradication strategies. Understanding the inflammatory pathways involved in IBD has allowed the development of target therapies. In the coming decades, NAFLD/NASH will supplant viral hepatitis as the leading cause of chronic liver damage. Growing understanding of the microbiota will lead to applications that will go beyond the confines of the gut, though the COVID-19 pandemic will still affect the management of all diseases. The aim of this issue is to present the latest data on the pathogenesis and treatment of GI and liver diseases, with a view to an increasingly personalized treatment of the patient.

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