

## Special Issue

# New Clinical Perception of Cardiac Rehabilitation

### Message from the Guest Editors

Cardiac rehabilitation (CR) has evolved significantly since its inception in the mid-20th century, when it was primarily focused on exercise for post-myocardial infarction patients. Today, CR is recognized as a comprehensive, multidisciplinary approach integrating medical evaluation, physical activity, lifestyle modification, and psychosocial support to improve cardiovascular outcomes. This special issue will redefine and expand the clinical understanding of cardiac rehabilitation by incorporating recent innovations, personalized care strategies, and digital health technologies. It will highlight the evolving role of CR in preventive cardiology and chronic disease management. Cutting-edge research featured will explore topics such as remote and home-based CR programs, AI-driven monitoring tools, integrative mental health interventions, and the role of CR in heart failure and non-traditional populations. We request original research, clinical reviews, and perspectives that offer novel insights, address current gaps, and/or propose new models of care in cardiac rehabilitation.

### Guest Editors

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### Deadline for manuscript submissions

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## Journal of Clinical Medicine

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