

Special Issue

New Clinical Perception of Cardiac Rehabilitation

Message from the Guest Editors

Cardiac rehabilitation (CR) has evolved significantly since its inception in the mid-20th century, when it was primarily focused on exercise for post-myocardial infarction patients. Today, CR is recognized as a comprehensive, multidisciplinary approach integrating medical evaluation, physical activity, lifestyle modification, and psychosocial support to improve cardiovascular outcomes. This special issue will redefine and expand the clinical understanding of cardiac rehabilitation by incorporating recent innovations, personalized care strategies, and digital health technologies. It will highlight the evolving role of CR in preventive cardiology and chronic disease management. Cutting-edge research featured will explore topics such as remote and home-based CR programs, AI-driven monitoring tools, integrative mental health interventions, and the role of CR in heart failure and non-traditional populations. We request original research, clinical reviews, and perspectives that offer novel insights, address current gaps, and/or propose new models of care in cardiac rehabilitation.

Guest Editors

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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