

Special Issue

Innovative Treatment and Management Strategies for Inflammatory Bowel Disease

Message from the Guest Editors

Inflammatory bowel disease (IBD) comprising mainly of Crohn's disease and ulcerative colitis is a chronic remitting and relapsing disease with a multifactorial etiology. Advancements in the domain of pharmacotherapy have expanded the therapeutic armamentarium and shifted management aspirations from symptomatic control to well defined objective measures of disease control. Despite these advances, 40% of patients fail to respond to therapy. Of the patients in remission, 30% lose response requiring frequent cycling through several therapies. This rapid introduction of a myriad of therapies has complicated the treatment algorithm necessitating the need for evidence supporting optimal drug sequencing. Eventually, up to 10% of patients require surgical resection resulting in a poor quality of life. The uptake of holistic treatment with the integration of nutrition, lifestyle modification and addressing psychological factors also remains poor. This special article collection will aim to identify and address pertinent research gaps and enhance therapeutic and management strategies for IBD based on a combination of original research and review papers.

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's (JCM)* staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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