

## Special Issue

# New Insights into Physical Therapy

### Message from the Guest Editors

New insights into physical therapy rehabilitation include all new techniques and technologies that provide new possibilities and transform the rehabilitation process. New techniques such as blood flow restriction, motor imagery, clinical pilates, and emerging technologies such as virtual reality provide new opportunities to enhance function, mobility, and quality of life. These advances beyond the strict aspect of pathology could also lead the field of prevention and healthy aging, minimizing disability, and preserving healthy and mobile living. New technologies have especially managed to overcome environmental barriers and make physical rehabilitation more accessible. We welcome the latest research developments and findings in the above areas in this Special Issue. Thus, we invite you to contribute original research articles and reviews of the literature, aiming to include high-quality papers on new techniques and technologies in the field of physical rehabilitation.

### Guest Editors

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### Deadline for manuscript submissions

10 October 2025



## Journal of Clinical Medicine

an Open Access Journal  
by MDPI

Impact Factor 2.9  
CiteScore 5.2  
Indexed in PubMed



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