

Special Issue

New Insights into Physical Therapy

Message from the Guest Editors

New insights into physical therapy rehabilitation include all new techniques and technologies that provide new possibilities and transform the rehabilitation process. New techniques such as blood flow restriction, motor imagery, clinical pilates, and emerging technologies such as virtual reality provide new opportunities to enhance function, mobility, and quality of life. These advances beyond the strict aspect of pathology could also lead the field of prevention and healthy aging, minimizing disability, and preserving healthy and mobile living. New technologies have especially managed to overcome environmental barriers and make physical rehabilitation more accessible. We welcome the latest research developments and findings in the above areas in this Special Issue. Thus, we invite you to contribute original research articles and reviews of the literature, aiming to include high-quality papers on new techniques and technologies in the field of physical rehabilitation.

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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