

Special Issue

Rehabilitation and Management of Multiple Sclerosis

Message from the Guest Editors

Multiple Sclerosis (MS) is a complex condition requiring comprehensive, long-term management. Currently, a wide variety of rehabilitation therapies are used to treat MS. The evidence suggests that regular specialist evaluation and follow-ups to assess the needs of patients with all types of MS for appropriate rehabilitation interventions may be of benefit, although the certainty of evidence varies across the different types of interventions evaluated via the reviews. Structured, multidisciplinary rehabilitation programmes and physical therapy (exercise or physical activities) can improve functional outcomes (mobility, muscle strength, aerobic capacity) and quality of life. Overall, the evidence for many rehabilitation interventions should be interpreted cautiously, as the majority of included reviews did not include data from current studies. More studies with appropriate designs and which report on the type and intensity of modalities as well as their cost-effectiveness are needed to address the current knowledge gaps in the field of MS. In this Special Issue, we welcome authors to submit papers on the management of MS and in particular on rehabilitation strategies.

Guest Editors

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