

Special Issue

Self-Injurious Thoughts and Behaviors: Risk, Mechanisms, and Clinical Intervention

Message from the Guest Editor

Self-injurious thoughts and behaviors, including suicidal ideation, suicide attempts, and non-suicidal self-injury (NSSI), remain some of the most urgent issues in modern mental health research and clinical practice.

Although these phenomena are connected, they are not identical, and significant questions still exist about their shared and unique risk factors, developmental stages, and clinical outcomes. This Special Issue aims to gather current research that enhances understanding of self-injurious thoughts and behaviors across diverse populations and clinical settings. We invite submissions exploring psychological, interpersonal, developmental, and psychiatric factors related to suicide and NSSI. The focus will also include clinical studies such as emotion dysregulation, trauma, adversity, hopelessness, interpersonal stress, social disconnection, sleep disturbances, and psychiatric comorbidity. Additionally, research on resilience and protective factors will be highlighted. This Special Issue aims to improve understanding by highlighting the common and unique processes behind self-injurious thoughts and behaviors, encouraging better clinical practices for prevention and treatment.

Guest Editor

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Deadline for manuscript submissions

15 December 2026



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/279306

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Journal of Clinical Medicine (ISSN 2077-0383) is an international, peer-reviewed, open access journal dedicated to advancing clinical and preclinical research. Our Editorial Board and staff are committed to delivering cutting-edge, timely, peer-reviewed articles spanning the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and impactful research articles, as well as reviews that are clinically significant and relevant to the full spectrum of medical disciplines. All full texts are archived in PubMed Central and indexed in SCIE (Web of Science), Scopus, PubMed, and other major databases. We invite you to submit your manuscript for publication, as well as join our community as a reviewer or reader online.

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