

Special Issue

Clinical Challenges and Future Directions of Interstitial Lung Disease

Message from the Guest Editor

Interstitial lung diseases (ILDs) represent a heterogeneous group of disorders characterized by varying degrees of inflammation and fibrosis in the lung parenchyma. Despite advancements in our understanding, several key clinical challenges remain. Early and accurate diagnosis is often difficult due to non-specific symptoms and overlapping radiologic and histopathologic features. In this context, multidisciplinary discussion (MDD) involving pulmonologists, radiologists, and pathologists plays a pivotal role in achieving diagnostic consensus. Optimizing treatment strategies—particularly for progressive pulmonary fibrosis (PPF)—continues to be a major challenge. Furthermore, non-pharmacological interventions such as pulmonary rehabilitation and long-term oxygen therapy are recognized as vital components of care, yet their implementation and standardization are inconsistent across clinical settings. Additionally, end-of-life care and the timely integration of palliative approaches are essential but often underutilized aspects of ILD management.

Guest Editor

Dr. Yoshiaki Zaizen

Division of Respiriology, Neurology and Rheumatology, Department of Medicine, Kurume University School of Medicine, 67 Asahi-machi, Kurume, Fukuoka 830-0011, Japan

Deadline for manuscript submissions

20 March 2026



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/248742

Journal of Clinical Medicine
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
jcm@mdpi.com

mdpi.com/journal/

jcm





Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



[mdpi.com/journal/
jcm](https://mdpi.com/journal/jcm)



About the Journal

Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

Editors-in-Chief

Prof. Dr. Emmanuel Andr  s

Internal Medicine Department, University Hospital Strasbourg, 67000
Strasbourg, France

Prof. Dr. Kent Doi

Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

Author Benefits

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

Journal Rank:

JCR - Q1 (Medicine, General and Internal) / CiteScore - Q1
(General Medicine)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 17.7 days after submission; acceptance to publication is undertaken in 2.7 days (median values for papers published in this journal in the first half of 2025).