

Special Issue

Advancements in Anterior Cruciate Ligament Injury: From Diagnosis to the Return-to-Sports: 2nd Edition

Message from the Guest Editors

We are pleased to announce Volume 2 of the Special Issue *"Advancements in Anterior Cruciate Ligament Injury: From Diagnosis to Return-to-Sports."* Volume 1 is available: https://www.mdpi.com/journal/jcm/special_issues/DOQMRA6PD4. ACL reconstruction is a key focus in orthopedic sports medicine, with evolving techniques improving outcomes and recovery. Innovations like lateral extra-articular procedures (LEAP) help address rotational instability, reducing re-rupture risks. However, challenges remain, including optimal LEAP indications, long-term effects (e.g., osteoarthritis), multi-ligament injury management, and refining surgical timing/techniques. Emerging advancements—biologic augmentation, imaging, and rehab protocols—aim to maximize return-to-sport rates at pre-injury levels while minimizing re-injury risks. We invite original research, reviews, cohort studies, and meta-analyses on ACL injuries, from diagnosis to rehabilitation. Contributions will enhance understanding and improve clinical practices.

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There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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