

Special Issue

Current Concepts and Emerging Treatments in Allergic Rhinitis

Message from the Guest Editor

Allergic rhinitis remains a prevalent global health concern with a significant impact on quality of life, driving continued research into more effective therapeutic strategies. While the recent introduction of biologics has expanded treatment options for moderate-to-severe cases, substantial clinical challenges and knowledge gaps persist in patient selection, treatment sequencing, and long-term efficacy. This underscores the need to identify novel therapeutic targets and develop innovative treatment modalities. Concurrently, cryotherapy has emerged as a potential intervention for allergic rhinitis, yet its clinical application requires validation through rigorous studies evaluating long-term outcomes, optimal patient selection criteria, and standardized treatment protocols.

This Special Issue will focus on novel target concepts in allergic rhinitis, as well as the indications for cryotherapy and its treatment outcomes. We welcome original research and comprehensive reviews that contribute to optimizing treatment strategies, refining clinical indications, and improving long-term management outcomes for patients with allergic rhinitis across different phenotypes and severity spectra.

Guest Editor

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Deadline for manuscript submissions

20 June 2026



Journal of Clinical Medicine

an Open Access Journal
by MDPI

Impact Factor 2.9
CiteScore 5.2
Indexed in PubMed



mdpi.com/si/265029

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