

## Special Issue

# Clinical Management for Metabolic Syndrome and Obesity

### Message from the Guest Editors

It is our honor and pleasure to present you with this Special Issue of the *Journal of Clinical Medicine*. Obesity in general, and childhood obesity in particular, has been defined as the great pandemic at the beginning of this century. The other great pandemic, COVID-19, has not only endorsed the need to act globally in the face of a health challenge but has also led to an increase in cases of obesity and metabolic syndrome after the obligatory period of quarantine at home. In particular, childhood obesity is as prevalent as 30–50% in some southern European, American, and even developing country populations. These children suffering from obesity will be sick as adults. However, we are also starting to experience typical adult diseases in pediatrics, such as type 2 DM. The emergence of new diagnostic challenges, new screening tests and studies, the significance of non-alcoholic fatty liver disease, and, of course, the tide of new GLP-1-type drugs that are appearing will not only change the paradigm of diagnosis and monitoring of these patients but will also bring hope for the future. We look forward to receiving your submissions to this Special Issue.

### Guest Editors

Dr. Ignacio Díez López

Unidad de Endocrinología Pediátrica, Hospital Universitario Araba, 01004 Vitoria-Gasteiz, Spain

Dr. Antonio De Arriba-Muñoz

1. Instituto Investigación Sanitaria Aragón, Avenida San Juan Bosco, 50009 Zaragoza, Spain

2. Miguel Servet University Hospital, 50009 Zaragoza, Spain

### Deadline for manuscript submissions

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Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[jcm@mdpi.com](mailto:jcm@mdpi.com)

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### Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's* (JCM) staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

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Prof. Dr. Emmanuel Andr  s

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Department of Acute Care Medicine, University of Tokyo, Tokyo, Japan

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