

## Special Issue

# Clinical and Surgical Updates on Bariatric Surgery

### Message from the Guest Editor

Obesity is nowadays considered a worldwide epidemic condition, and bariatric surgery is one of the most effective available treatments, in addition to emergent medications and lifestyle changes. In this respect, thousands of bariatric procedures (restrictive, malabsorptive, and mixed) are currently being performed around the world, with an exponentially increasing trend and outcome. Several authors, in fact, largely demonstrated the remission of obesity's comorbidities (i.e., hypertension, diabetes, and hyperuricemia) with long-lasting results. Conversely, with the widespread use of surgical bariatric procedures, several sequelae have been largely reported, such as the de novo gastroesophageal reflux disease after sleeve gastrectomy or the biliary reflux after one anastomose gastric bypass. The scope of this Special Issue is to provide an overview of recent advances in the field of bariatric surgery, especially focusing on the technical refinement and new surgical approaches able to reduce the abovementioned complications.

### Guest Editor

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## Journal of Clinical Medicine

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